

## Product: Shoulder Abduction System

### FEATURES:

- Lightweight, universally-sized
- Removable wedge allows shoulder positioning at 0, 15, 30, 60 and 90 degrees
- Strapping systems allows abductor to be worn on the left or right arm with minimal adjustment



### Order #

5100-C

### Location

Universal Fit

### HOW TO APPLY:

1. Begin by slipping the shoulder strap over the neck so that the Shoulder Abduction System is positioned under the arm desiring abduction (this device is designed to fit the left or right arm). Wrap the waist strap around the waist and secure so that the Shoulder Abduction System fits snug against the body.
2. Attach the provided wedge in the outside fold of the shoulder abduction system (note: the corner of the wedge should fit snug in the "bend" of the Shoulder Abduction System. The corner that is placed in the "bend" of the Shoulder Abduction System dictates the angle of the shoulder positioning, as indicated on the side of the wedge, in increments of 0, 15, 30, 60, and 90 degrees).
3. Starting at the upper arm, Attach each arm strap so that the Shoulder Abduction System fits snug against the arm, and little movement is experienced. Continue down the arm, attaching each strap with the Velcro strap connectors provided.
4. Tighten and adjust as needed. If applied properly, the Shoulder Abduction System should fit snug around the waist, and should also fit tight into the armpit to ensure proper positioning. Subsequently, the wedge should fit in the "bend" of the Shoulder Abduction System, flush with the armpit, and each arm strap should hold the arm securely in place. It is possible that at this step, the wearer might require assistance in further tightening the Shoulder Abduction System.

**CARE INSTRUCTIONS:** Remove all wire framing and strap connectors from the Shoulder Abduction System. Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage of the Shoulder Abduction System.

*Note: Your practitioner is familiar with your specific medical condition and is using this product as part of your total care. Make sure to follow their directions exactly, even if they do not match the directions below.*

**CAUTION:** The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

**SUGGESTED HCPCS CODE:** L3960