

Product: AO Easy Adjustable Wrist Orthosis



FEATURES:

- Strong flexion synergy of the fingers and the wrist
- Adjustable hinge at the wrist to help increase wrist extension
- Optional finger separators help to prevent pressure areas
- Fits either left or right wrist

Order #	Location
4100-E	Universal

HOW TO APPLY:

1. After adjusting the passive range of motion (PROM) to allow maximum wrist and finger extension, place patient's finger around the cone end of the orthosis. The orthosis and the forearm and the wrist and place on the concave surface.
2. Adjust the wrist to the degree of flexion/extension desired. The AO Easy Adjustable Wrist Orthosis can be adjusted and readjusted to different degrees or extension or flexion of the wrist and finger joints as desired. Simply unlock screw with the supplied Allen wrench. Bend to the desired degree and lock in place to obtain the desired optimal angulation.
3. If desired, ulnar and radial deviation of the wrist can be accommodated by adjusting the deviation joint on the inside of the splint by loosening the screw with the Allen wrench.
4. If a finger separator attachment is desired, simply apply attachment to code using Velcro to keep it in place.
5. Once the desired angulation for the wrist and fingers is achieved, wrap the straps around the hand, wrist and forearm and secure with Velcro. It is suggest that the therapist maintain a two-finger space under the straps to prevent excessive pressure areas on the patient's skin.

CARE INSTRUCTIONS: Remove all panels before cleaning. Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage.

CAUTION: Your practitioner is familiar with your specific medical condition and is using this product as part of your total care. Make sure to following their directions exactly, even if they do not match the directions below.

SUGGESTED HCPCS CODE: L3916