



Application Instructions

Product: Shoulder Pillow with Ball

Model: 290X

- Special design fits right or left arm
- High density foam pillow with attached stress ball help promote hand circulation without moving arm or shoulder

Order #	Size	Length from Wrist to Elbow
2903-C	Small	9" - 12"
2905-C	Medium	12" - 15"
2907-C	Large	15" - 18"
2908-C	X-Large	18" - 21"



APPLICATION INSTRUCTIONS:

1. Begin by fastening the pillow around the waist using the waist strap provided. Position the pillow so that the "curve" of the pillow rests comfortably against the side of the body as shown
2. Slip the sling over your head and place your arm in the sling. The "closed" end of the sling should align with the elbow, as shown below. Fasten the closure straps located at the top of the sling.
3. Once closed, the sling should easily attach to the pillow via the Velcro strap. Tighten the shoulder strap of the sling until the weight of the arm no longer rests on the shoulder.
4. Lastly, feed the waist strap located on the rear of the sling around the waist and through the d-ring located just under the hand. Tighten so that the sling and pillow fit snug around the waist.

CARE INSTRUCTIONS: Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

CAUTION: Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L3670