

Application Instructions

Products: Stabilizer Range of Motion Walker Models: 311, 313, 315, 317, 318

- Patented walker design offers a superior rocker bottom in a low profile walker
- Continuous arching rocker design promotes a smooth energy conserving gait
- Adjustable ankle motion ranges from fixed to 45 degrees
- Fits either left or right foot

Order#	Size	Men's Shoe Size	Women's Shoe Size
311 313 315 317 318	X-Small Small Medium Large X Large	Up to 3 ^{1/2} 4 - 7 7 ^{1/2} - 10 10 ^{1/2} - 12 12 ^{1/2} +	Up to 4 ^{1/2} 5 - 8 ^{1/2} 9 - 11 11 ^{1/2} - 13 13 ^{1/2} +



SIZING: Measure according to shoe size.

HOW TO APPLY:

- 1. Unfasten straps, open liner, remove pads located inside boot and set aside.
- 2. While seated, place leg in brace and position heel at the back of the walker. Brace uprights should fall mid-line with the ankle.
- 3. Wrap liner around the leg and foot ensuring the large ankle pad is positioned over the top of the foot. Secure hook to the liner.
- 4. Position the uprights parallel to the leg per healthcare provider's recommendation.
- 5. Remove plastic sleeves from the uprights to expose hook.
- 6. Press hook on inside of the upright to the liner.
- 7. Beginning with the toe strap, thread straps through links and work up the leg by securing each strap.
- 8. Fasten closure straps until all are secured to ensure the liner and uprights don't migrate. NOTE: Pads may be inserted at either side of the ankle or at heel for additional comfort. NOTE: Liner and strap adjustment may be necessary as swelling patterns c change throughout.

RANGE OF MOTION (ROM) JOINT APPLICATION INSTRUCTIONS

ROM joint can be fixed between 45° of dorsiflexion and 45° of plantarflexion by increments of 7.5°.

- 1. To obtain desired position, loosen hex screw with the provided hex key.
- 2. Pull out pins, adjust dial to position, and place the pins in desired slots.
- 3. Tighten hex screw to secure position of the ROM dials.

CARE INSTRUCTIONS:

To clean, simply wipe with a damp cloth. DO NOT submerge the liner in water. Air dry away from heat. Do not machine wash or dry. Do not bleach. Spot clean the brace with a damp cloth if needed.

CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L4386 and L4387