

**Products:** Hinge R.O.M Elbow Brace

**Models:** 2320-R, 2330-L

- Telescopic length adjustments at forearm and biceps
- Plush padding for comfort fit
- Customizing arm and bicep cuffs for added comfort
- Adjustable strapping system

Order#	Size
2320-R	Right Universal
2330-L	Left Universal

## HOW TO APPLY:

### 1. Assessing Length:

Locate the hinge pivot center over the lateral humeral epicondyle (outer elbow).

### 2. Adjusting Length:

The brace is preset to 13" length and extends fully to 17" length.

To adjust length, press the button on the distal cuffs and pull the cuff away from the elbow joint to the desired length.

The lower extension (ulnar side of arm) should extend up to the styloid process (the bump on the medial side of the wrist).

The upper extension (humeral side of arm) should extend up to the most comfortable position at the axilla or arm pit.

### 3. Decreasing Length:

Press the button on the distal cuffs and push the extending cuff to achieve the desired length.

### 4. Bending the Cuffs:

Bend the cuffs to securely wrap around the circumference of the arm. Start with the cuffs proximal to the elbow.

### 5. Trimming of Straps:

Trim the strap lengths as necessary.

Remove the hook piece, trim the strap and reapply the hook piece.

### 6. Securing the Straps:

After length and cuff circumference are determined, secure and fasten all straps, starting with the two straps closest to the elbow

### 7. Range of Motion Adjustment:

To adjust range of motion, press the flexion or extension button and rotate until the desired degree of flexion or extension shows through the corresponding window. Brace provides full range of motion from 0 to 120 degrees.

### 8. Enforced Compliance:

Loop and secure the enclosed lock ties through the hole in the flexion and extension buttons to limit range of motion adjustment.



## CARE INSTRUCTIONS:

To clean, simply wipe with a damp cloth. Air dry away from heat. Do not machine wash or dry. Do not bleach. Spot clean the brace with a damp cloth if needed.

## CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

**SUGG HCPCS CODE:** L3760/L3761

