

**Application Instructions** 

**PRODUCT:**Active Ankle Sleeve**SKU:**305X

- Fits Left or Right Ankle
- Support with Compression
- Reduce Swelling & Pain



Order #	Size	Ankle Circumference
3053	Small	9 <sup>1/2</sup> " - 11"
3055	Medium	11" - 12"
3057	Large	12" - 13"
3058	X-Large	13" - 14"
3059	2X-Large	14" - 15"

## How to Apply

- 1. Pull the support up over the foot with the heel snugly towards the back.
- 2. The support should fit snug but not so tight to restrict circulation.

## CARE INSTRUCTIONS:

Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air-dry away from heat. Do not tumble dry. Do not bleach.

## CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling

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