

# **Application Instructions**

# **Product: APEX LSO<sup>2</sup> Back Support 39/51**

## **FEATURES:**

- Easy to use universal sizing system
- Adjustable pull tabs to allow optimal compression
- Breathable fabric allows air flow to keep patients cool and dry over long periods of time
- Added strength with the abdomen panel with increased stability

Order #	Location
5039	Universal Fit



### **HOW TO APPLY:**

- 1. Lay the brace out flat with the exterior viewing facing up. Open flap and remove both side panels as well as the abdomen panel.
- 2. The size indications are marked on each panel. You can cut the brace with scissors at your appropriate size or simply fold the excess fabric and tuck it under the back of the panel.
- 3. Attached the side panel to both the left and right side on the sizing panels.
- Position the back support around your waist and make sure the back panel is placed over the center of your lower back.
- 5. Place the left panel securely over your abdomen and place the right panel over the left panel.
- 6. Place the abdomen panel inside the front panel over abdomen and just below your sternum.
- 7. Now that the brace is secure over your body, pull each of the compression straps simultaneously until proper compression is achieved.

**CARE INSTRUCTIONS:** Remove the rigid components. The rigid components can be wiped clean with a damp cloth. Soft goods can be hand washed in warm water with a mild detergent. Triple rinse and air dry. Avoid twisting the material to remove water.

Note: Your practitioner is familiar with your specific medical condition and is using this product as part of your total care. Make sure to follow their directions exactly, even if they do not match the directions below.

**CAUTION:** The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

### SUGGESTED HCPCS CODE:

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