



Application Instructions

PRODUCE: Cross-Fit Universal Hinged Knee Brace

MODEL: 6100

SUGG. HCPCS CODE: L1832 and L1833

- Universally sized - Fits a wide variety of patients
- Unique wrap around closures for easy fitting
- Hidden hinge provides added support
- Lightweight design



HOW TO APPLY THE BRACE:

1. Unfasten the closure straps. Place the brace around the knee so that the hinges line up with the center of the knee cap on both sides of the leg, and secure the top closure.
2. Secure the bottom closure using the Velcro™ tab. Keep the hinges aligned with the center of the knee and maintain a tight, snug fit.
3. Feed the top closure strap through the corresponding D-ring harness and tighten to finish a tight fitting. Follow the same procedure with the bottom closure strap.

SETTING THE HINGE: Hinge has optional flexion and extension settings. The caregiver should determine the correct setting for the condition.



Remove hinges from pockets. Open hinge cover and remove pins. Set flexion first by moving hinge arms until an opening is seen through the desired flexion setting. Drop pins into desired setting, snapping them into place. Set both sides of the hinge (left/right) at the same degree of flexion. Set extension by moving hinge arms until an opening is seen through the desired extension setting. Drop pins into desired setting, snapping them into place. Set both sides of the hinge (left/right) to the same degree of extension. Close hinge cover. Insert hinges back into pockets.

CARE INSTRUCTIONS: Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water. Air dry away from heat.
DO NOT TWIST OR WRING - DO NOT TUMBLE DRY - DO NOT BLEACH

CAUTION: Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation or swelling.