



Application Instructions

Product: Hernia Belt

Models: 49X

- Removable and adjustable pads.
- For single or double inguinal hernias.
- Discreet and easy to wear under clothing.



Order #	Size	Waist Measurement
493	Small	30" - 35"
495	Medium	35" - 41"
497	Large	41" - 46"

SIZING: Measure around waist at widest point.

HOW TO APPLY: Includes removable left and right foam pads. **If treating a single hernia, remove the unneeded pad from the support.** Unhook the leg straps from the base and undo one side of the waistband. Position the support and pad on the affected area and fasten the waist strap. Adjust both sides of the waist strap evenly. Pull the waistband to obtain desired position and compression. Pass the leg straps through the legs and through the loop buckle on the front of the base, secure the hook and loop closure on the leg strap. Ensure the leg straps are comfortable and not twisted. To remove, undo one side of the waist strap and step out of the support like trousers, with the leg straps still securely fastened.

CARE INSTRUCTIONS: Remove the pads. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

CAUTION: Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling. Use this product only under the supervision of your physician and only for REDUCIBLE hernias (can be pushed back). Inspect your hernia daily to ensure it is not becoming infected or developing into a more serious non-reducible hernia. Remove the hernia belt and check the area frequently. A non-reducible hernia can become life threatening if part of the intestine gets trapped or "strangulated" in the opening. A strangulated hernia is an emergency situation that usually requires immediate medical attention.

SUGG HCPCS CODE: L8300 (single) /L8310 (double)